

Dr. Peter Ferraro

FERRARO SPINE & REHABILITATION CENTER | 230 MIDLAND AVE. | SADDLE BROOK | (973) 478-2212 | WWW.FERRAROSPINE.COM



DR. PETER FERRARO FOCUSES ON NEW STATE-OF-THE ART TECHNOLOGY AND making his facility a welcoming and inviting environment at Ferraro Spine & Rehabilitation Center located in Saddle Brook.

“This isn’t your typical doctor’s office,” Dr. Ferraro says. “We wanted it to be comfortable and relaxing from the décor to the music being just right. Many patients come in multiple times a week so this becomes their second home for a while. We wanted it to reflect that.”

Besides the welcoming and relaxing atmosphere, Dr. Ferraro’s office utilizes cutting-edge technology like its Spinal Decompression machines for neck and lower back pain. Dr. Ferraro says the machines offer an alternative to surgery for herniated discs. Another new machine is the LightForce Deep Tissue Laser Therapy, which is a scientifically proven, drug-free, surgery-free, non-invasive treatment option that reduces pain and accelerates the body’s own natural healing process through photobiostimulation. Treatments are short and last only 5 to 10 minutes.

Ferraro Spine & Rehabilitation Center also offers physical therapy, acupuncture, nutritional counseling, chiropractic care, massage therapy, sports performance including a 30-yard turf run and his self-designed treatment protocol, the “Ferraro Spine Method,” as a comprehensive treatment plan that combines multiple treatment options to best meet the individual patient’s needs.

Dr. Ferraro and the team at Ferraro Spine & Rehabilitation, PC will recommend a plan of attack that targets the issues causing the pain and discomfort. All of the complementary treatment options are both drug-free and do not require surgery. He prides himself in creating a facility that incorporates chiropractic care as well as encompassing multiple specialties under one roof.

At Ferraro Spine & Rehabilitation Center, they have a multidisciplinary staff that is committed to restoring your health and well-being. Health is impacted by many factors and it is their holistic and multidisciplinary approach which allows them to not just treat your pain, but to look at underlying causes and help you make the changes that can lead to long-term well-being.

Dr. Ferraro says his practice excels in serving a variety of patients ranging from children to adolescents in sports to senior citizens and professional athletes. “For 20 years, we’ve been able to bring in the best technology to correct any problems a patient is dealing with,” Dr. Ferraro says.

For his dedication, accomplishments and devotion to patient care, NJ Top Docs recognized Dr. Peter Ferraro of Ferraro Spine & Rehabilitation as a “Top Doctor” for his commitment to excellence in chiropractic medicine in 2016, 2015 and 2012. He has been named one of the “Top Doctors” in New Jersey and is the official chiropractor of Saddle Brook as well as a lifetime physician member of the New Jersey State PBA.

Dr. Peter Ferraro is a committed proponent of wellness and a founding member and the Chief Wellness Officer of the NFL Alumni Wellness Challenge, a unique wellness competition of four teams which included former NFL players working together with health specialists for 100 days to improve their health. As the Chief Wellness Officer, Dr. Ferraro works with the NFL Alumni Wellness Challenge by treating former NFL athletes by giving them a baseline assessment and creating a plan of action to allow them to be out of pain and functioning at their optimal potential. This program was created to showcase health and wellness initiatives and ultimately seeks to improve the lives of others.

